

COMMUNITY WIDE Updates

PAC Meetings

I am looking forward to joining the parents of ALM for their PAC meeting on January 16, 2025 and the PAC of PCE on January 21, 2025.

STRATEGIC PLAN Updates

Compassionate Systems Leadership (April 3 and 4, 2025)

We have previously shared that we are bringing in Joanne Schroeder of the Compassionate Systems Leadership network as part of our systems approach to our mental health strategy within our Strategic Plan. We have now sent out invitations to our community partners to join us for our professional learning with Joanne on April 3 and 4, 2025 at Haida House.

Kelty Mental Health Plan

I've also mentioned before that we have a focus on staff mental health and wellness too. We have been working closely with the Kelty Mental Health foundation to gain access to important guidance on this work. After the winter break we will begin the process of going to each staff meeting and meeting with all other staff to outline our plan for co-creating a Staff Wellness plan. We will begin by sharing a perspective from author Gail Markin who wrote *Beyond Self Care: Leading a Systemic Approach to Well-Being for Educators* and sharing her synopsis of the data and research. We'll then ask our staff to consider their own positive experiences and generate themes from those stories. After we get all of their ideas, a committee will draft a plan for implementation over time. We are excited about this work and look forward to working with everyone on it.

Happy Holidays

I would just like to wish a happy holiday everyone in the community and our staff and students!